

Border Eagle

Vol. 53, No. 32

Laughlin Air Force Base, Texas

August 12, 2005

24 Laughlin Airmen to join NCO ranks

Compiled from staff reports

The Air Force released the promotion list from senior airman to staff sergeant Wednesday. The release named 24 XLER for advancement.

They are:

-- 47th Aeromedical-Dental Squadron, Yvonne Watkins and Christina Yatsko;

-- 47th Civil Engineer Squadron, Jeremy Marlow and Andrew Webber;

-- 47th Communications Squadron, Blake Ennis and Gregorio Velez;

-- 47th Comptroller Squadron, Adrian Johnson and Valeria Perchina;

-- 47th Contracting Squadron, Arturo Castro;

-- 47th Flying Training Wing, Athena Joslin and Amillia Gaytan;

-- 47th Medical Operations Squadron, Victoria Donnewald and Alma Garcia;

47th Medical Support Squadron, Sherry Neeson;

-- 47th Mission Support Squadron, Christina Arsate,

-- 47th Security Forces Squad-



Photo by Airman 1st Class Olufemi A. Owolabi

(Right) Senior Airman Adrian Johnson, 47th Comptroller Squadron, receives a staff sergeant certificate, stripes and handshake from Maj. Michael Greiner, 47th CPTS commander, during a surprise notification of his selection for promotion to staff sergeant Tuesday. Airman Johnson will pin on his new stripe Sept. 1. He is one of the 24 XLERs selected for promotion to staff sergeant.

ron, Benjamin Burnes, Charles Harrell and Jennifer Johnson; and,

-- 47th Operations Support Squadron, Rebekah Cruz, Roberto Garza, Jonathan Hill, Michelle

Kisner, Paul Oceanak and Josephine Ontiveros.

The Air Force selected 14,614 of

See 'Promotions,' page 4

Laughlin, Del Rio energized for new school year

1st Lt. Sheila Johnston
Public Affairs

Monday brings a new beginning for many Laughlin parents and children as the Del Rio San Felipe Consolidated Independent School District begins the 2005-2006 school year.

Tuesday, teachers across the district met to focus on the upcoming school year. School officials briefed teachers on expectations, developing committees, parent-teacher meetings and more.

"All our schools are very parent oriented," said Mrs. Lydia T. Rocha,

assistant principal for Dr. Lonnie Green Elementary.

She added that parents are welcome to volunteer in their child's school. They will need to fill out background paperwork before volunteering, but teachers and principals like to see parents get involved with their children in school because as she said, "They are the most important part of (the) program."

Base officials and the school district remind motorists to watch for children from 6 to 7:30 a.m. and 2 to 4:30 p.m. as they travel to and from bus stops around base and the Del Rio

Community.

The 47th Security Forces Squadron commander reminds base members to watch speeds near bus stops, areas near the Youth Center and throughout housing.

"We will be heavily patrolling base housing and other areas with special emphasis on school bus pick-up and drop-off times. The safety of our children is a top priority for our patrols," said Maj. Aeneas Gooding.

"Speeding motorists will be cited, and

See 'School year,' page 4

Newslines

CCAF cut-off date

The cut-off date to sign up for October Community College of the Air Force classes is Aug. 26.

For details, call 298-4726.

Update on Highway 277

If you've been driving on US Highway 277 between Del Rio and the west-gate access road, you know the road has been striped. You also know it's rough, and new potholes are springing up.

It isn't because the contractor did a shoddy job; it's because the job isn't done.

According to the Texas Department of Transportation's Del Rio office, some work is being done daily, but they're just starting the big tasks of laying the final surface layer asphalt, striping and guardrail installation.

TxDOT officials expect the work to be done by mid-September. There will still be times when the road might be down to one lane, but right now they don't have an exact timeline.

Please continue to exercise caution and patience.

Deployment stats

Deployed:	62
Returning in 30 days:	31
Deploying in 30 days:	8

Mission capable rate (As of Tuesday)

T-1, 91.0%	T-6, 91.3%
T-38C, 77.1%	

Alcohol-related incidents

January to August 2004 13

Jan. 1 to August 11, 2005 17

Days since last incident 9

Integrity: Actions at home need to reflect sacrifices abroad



Commander's Corner

By Maj. Aeneas Gooding
47th Security Forces Squadron
commander

As commander of the 47th Security Forces Squadron, I have the responsibility to review all police reports involving Team XL members.

Whether it's my folks investigating and writing the reports, or we're getting them from our law enforcement counterparts, there are two primary characteristics that are predominant: the incidents are off duty, and more often than not, they involve alcohol.

In March this year, alcohol related incidents (ARIs), began to receive more intense scrutiny at all levels.

The 47th Flying Training Wing staff judge advocate and I have been compiling wing statistics for commanders, and we've seen quite a range of incidents ranging from basic public intoxication arrests to drunk and disorderly and DUI/DWI charges.

In all cases, however, members of Team XL primarily accomplished one thing... embarrassment.

They've embarrassed themselves, our wing, and the Air Force.

When we leave the confines of Laughlin Air Force Base after performing our end of duty/ritual,

we must all remember we're not just the average American who punches the time clock, changes out of the corporate uniform and goes home without another thought of the company.

We are Airmen 24 hours a day, 7 days a week.

We are not only responsible for upholding the core values, but remembering that we represent everyone who wears Air Force blue in everything we do. Even out of uniform, when we interface with our Del Rio friends, they know just as well as we do that we are representing the greatest Air Force in the world.

So what then is behind this rise in ARIs we've seen in the last year? How is it that a professional group of Americans answering a calling to the profession of arms has forgotten the basic standards of conduct, on and off duty?

The only answer I've been able to come up with is that some of us have lost sight of our core values.

Integrity has been the first of the core values since their development as the cornerstones of the Air Force. There have been numerous articles, speeches and commander's corners about the importance of integrity and how it's not something you lose when you take off the uniform. We all know integrity boils down to what you do when no one else is watching; it's the part of you that ensures you're doing the right thing--no matter what.

As we continue to fight the Global War on Terrorism, and

continue to have thousands of troops deployed in harms' way around the world, we must remember (and remind each other when necessary) why we're fighting, and in some cases, dying. Individual reasons may differ, but the overarching reason remains the same across the board. We continue to fight for freedom, and we fight those who would threaten our way of life.

Last week, I read with a heavy heart about the 20 U.S. Marines who died in Iraq over two days becoming the latest of the more than 2,000 Americans who have given their lives in support of Operations Iraqi and Enduring Freedom.

It would be easy for us to live in Southwest Texas and forget what's happening half a world away, but as I get ready to deploy another 13 Security Forces to Iraq, I can't forget that we're sending troops into harm's way every day. Those of us who remain behind may not fight the enemy face to face, but we're ensuring those Airmen who do go forward are trained, equipped, and ready to fight. Misconduct takes away from our critical efforts to prepare our warriors... it's a distracter that takes time and energy away from what's important.

Continued misconduct here at home does a dis-service to our comrades who are fighting for freedom abroad.

They deserve better than that, and we owe it to them to pay tribute to their actions and sacrifices through our actions and our integrity.

Air Force homes not immune to domestic violence

By Chaplain (Col.) Tom Schenk
22nd Air Refueling Wing

MCCONNELL AIR FORCE BASE, Kan. -- Domestic violence continues to plague homes across America.

Unfortunately, Air Force homes are not immune. There is some indication that domestic violence is increasing among our Airmen. Undoubtedly, the stress of numerous deployments has fueled the

increase. That need not be the case, however.

Sacred scripture states that arguing, especially arguing that descends into violence, reflects immaturity. Immature people lack a proper understanding of conflict. Therefore, they mishandle it, leading to arguing, fighting and even violence.

As one who has argued more than I should in my 31 years of marriage, I have found sacred

scripture to be "right on." I argue with my spouse not because of conflict, but because of my immaturity. How does a mature person understand and handle conflict?

First, he or she expects conflict. The Creator has designed spouses differently, beginning with gender. Beyond gender, however, internal wiring--our gifts and abilities, our passions, our personalities, our life

See 'Violence,' page 3

Border Eagle

Editorial Staff

Col. Tod Wolters

Commander

Capt. Ken Hall

Public affairs chief

1st Lt. Sheila Johnston

Internal information chief

Master Sgt. Anthony Hill

PA NCO in charge

Airman 1st Class

Olufemi Owolabi

Editor

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Deadlines

News for the Border Eagle should be submitted to the 47th Flying Training Wing Public Affairs Office, Bldg. 338, Laughlin AFB, TX, 298-5262. **Copy deadline is close of business each Thursday the week prior to publication.**

Submissions can be e-mailed to: olufemi.owolabi@laughlin.af.mil or sheila.johnston@laughlin.af.mil.

Advertising

Advertising should be submitted to the Del Rio News-Herald, 2205 Bedell, Del Rio, TX, 774-4611. Advertising should be submitted by 4 p.m. each Friday.

Actionline

Col. Tod Wolters
47th Flying Training
Wing commander



Call 298-5351 or email
actionline@laughlin.af.mil

One way to work through problems that haven't been solved through normal channels is the Commander's Actionline.

Before you call in or e-mail an Actionline, please try to work out the problem through the normal chain of command or directly with the base agency involved.

When calling or e-mailing the Actionline, please keep messages brief and remember to include your name and phone number so you are assured of a timely personal reply. Contact information is also useful when additional information is needed to pursue your inquiry.

We will make every attempt to ensure confidentiality when appropriate.

If your question relates to the general interest of the people of Laughlin, the question and answer may also be printed in the Border Eagle.

Thanks for your cooperation, and I look forward to reading some quality ideas and suggestions.

Below are some useful telephone numbers that may be helpful when working your issue with a base agency.

AAFES	298-3176
Finance	298-5204
Civil Engineer	298-5252
Civilian Personnel	298-5299
Clinic	298-6311
Commissary	298-5815
Dormitory manager	298-5213
EEO	298-5879
FWA hotline	298-4170
Housing	298-5904
Information line	298-5201
Legal	298-5172
MEO	298-5400
Military Personnel	298-5073
Public Affairs	298-5988
Security Forces	298-5900
Services	298-5810

“Through trust and teamwork, train expeditionary airpower experts to fight and win America’s wars.”

– 47th Flying
Training Wing
mission statement

CSAF Sight picture: BRAC and joint basing

By General John P. Jumper
Air Force Chief of Staff

The Department of Defense recently released the largest BRAC proposal in our history, including the recommendation to close 10 Air Force installations and realign 62 more.

These changes maximize our warfighting capabilities, realign our infrastructure within the future defense strategy, eliminate excess physical capacity, and capitalize on opportunities for joint operations. They also include a concept called “joint basing” where two or more adjacent or nearby DoD installations are run by a designated service - be it Army, Navy, or Air Force. By consolidating installation support services at conjoined or nearby bases under one Military Department, the Department of Defense hopes to save \$2.3B over 20 years.

Under this BRAC recommendation, the Air Force will become the lead installation support provider at six locations (Charleston AFB/Naval Weapons Station Charleston, Joint Base McGuire-Fort Dix, Joint Base Andrews-Naval Air Facility Washington, Joint Base Elmendorf-

Richardson, Lackland AFB/Randolph AFB/Fort Sam, and Langley AFB/Fort Eustis.) The Air Force will be the supported service at one Army (Joint Base Lewis-McChord) and three Navy locations (Joint Base Pearl Harbor-Hickam, Navy Guam/Anderson AFB, and Joint Base Anacostia-Bolling-Naval Research Laboratory.)

Modern warfare is joint warfare. In addition to saving scarce funds, this move to joint basing will allow us to build closer relationships and forge stronger ties between services. We will not only train as we fight, we will live as we fight.

The Air Force has a long and successful history of working toward common goals in a joint environment without compromising Air Force principles and the well being of our people -- joint basing will be no different. Our guiding precepts as we move forward with joint basing are:
--Maintain uncompromised warfighting capability, including expeditionary combat support forces
--Preserve our installations as fighting positions and training platforms for our expeditionary force
-- Airmen will command Airmen - our unity of command at home station will remain intact
-- Airmen open and operate airfields -

airfields will be operated and maintained by Airmen
-- Provide quality services at the best value

Establishing joint bases will take time. We are working with the Army and Navy to ensure that we do it smartly and are mindful of the lessons learned from past joint basing initiatives. The Office of the Secretary of Defense expects to establish the basic implementation policy by the end of this summer, with work on common standards and metrics continuing in the following months. Together, we will undertake pilot projects to explore how to best establish mutually acceptable joint basing agreements. However, until these projects are complete and BRAC is signed into law, it is premature to enter into any additional cooperative or interservice joint-basing agreements.

Joint basing will neither lower our standards nor compromise our warfighting capabilities. Combining capabilities and eliminating unnecessary duplication and redundancy will save scarce funds and result in more efficient installations from which we and our sister services will more effectively project combat power for our nation.

Violence, from page 2

experiences -- are different.

One is foolish to think that two very different people can live closely together without conflict. Conflict descends into arguing and violence when one is surprised and unprepared for it. Mature people are never surprised by conflict. They expect it.

Second, a mature person respects conflict. While marriage is full of delight, it is also full of danger. Part of the danger is conflict. If you are unprepared and untrained for conflict, it will erupt into arguing and violence, blowing up your relationship.

No one would do convoy duty in Iraq without proper training to deal with improvised explosive devices. To do so would be foolish. In the same vein, to drive down the road of marriage without conflict training is just as foolish. Mature people expect and respect conflict, so they make sure they are trained to defuse it.

Third, a mature person appreci-

ates conflict. Unlike a roadside IED, there is a good side to conflict. Both men and women crave intimacy. They want to love and be loved, to honor and be honored, to know and be known -- not on a surface level, but down deep, to the core of their being. Mature people understand that you cannot achieve this kind of intimacy without conflict. Conflict is the price to be paid to become intimate with another person.

When I reveal my deepest self to my wife, she will be surprised and shocked by what she sees in me, and vice versa. Sometimes the shock comes because what we see is “bad.” But most often we are shocked because it is just different.

Mature people are willing to shock and be shocked in order to be close. To avoid conflict is to avoid intimacy. Mature people appreciate conflict, because conflict is the pathway to drawing close to one’s spouse.

Finally, a mature person utilizes

conflict. While respecting its dangers, the mature person appreciates its benefits. Therefore, the mature person utilizes conflict to improve his or her marriage. He or she does so by learning to handle conflict in such a way that it doesn't blow up, but rather builds up the marriage.

Proper handling of conflict begins with communication. The mature person doesn't shout to be heard, but becomes silent to hear. The mature person seeks first to understand before trying to be understood. The mature person doesn't argue a case, but rather seeks a connection.

Conflict invites DV into your home. If mishandled, it invites domestic violence, inflicting hurt on all involved. Properly handled, however, it becomes a distinguished visitor that brings a new intimacy into your marriage. Your maturity determines which DV will visit your house. How mature are you?

Promotions, from page 1

36,405 eligible senior airmen for promotion to staff sergeant, a 40.14-percent selection rate.

The rate dropped slightly from last year.

"These senior airmen have shown they are ready

for the next milestone in their career," said Chief Master Sgt. Dale Kenney, enlisted promotion and military testing chief at the Air Force Personnel Center here. "This group has demonstrated, through performance and preparation, the desire to serve as our newest noncommissioned officers."

Airmen who tested can

now view their score notice on the virtual Military Personnel Flight. Score notices allow Airmen to see how their Promotion Fitness Examination and Specialty Knowledge Test scores rank against those they are directly competing with for promotion within their specialty.

The average score for

those selected was 269.19 points, with the following averages:

-- 131.21 points for enlisted performance reports.

-- 57.54 for promotion fitness exam.

-- 52.79 for specialty knowledge test.

-- 17.32 for time in grade.

-- 11.12 for time in service.

-- 0.80 for decorations.

The average selectee has 1.92 years time in grade and 4.52 years in service. Those selected will be promoted to staff sergeant between September 2005 and August 2006.

(Courtesy
Air Force Personnel
Center)



Photo by Airman 1st Class Olufemi A. Owolabi

(Center) Principal Dorothy Birkhead of Dr. Lonnie Green Elementary School addresses more than 80 teachers during a briefing in the school's auditorium Tuesday. Teachers across the Del Rio San Felipe Consolidated Independent School District met Tuesday to focus on the upcoming school year. District officials briefed teachers on expectations, developing committees and parent-teacher meetings.

School year, from page 1

points will be assessed against their base driving record."

Col. Tod D. Wolters, 47th Flying Training Wing commander, echoed his sentiments by adding, "I am confident Team XL will help take care of base children. That's why we're here—to watch out for our Air Force families."

Additionally, parents and students

will see safety upgrades to the bus stops. All locations are now equipped with motion-activated, solar-powered lights.

"We completed installation of 12 solar-powered lights in March," said Lt. Col. Peter Bahm, 47th Civil Engineer Squadron commander. "The lights are motion activated to conserve energy as well."

The squadron asks base members

to call the CES customer service line at 298-5488 if lights are not working.

"Base personnel are key in helping us maintain items around base since they see them daily en route to work or wherever," said 2nd Lt. Mike Askegren, 47th CES executive officer.

School bus safety tips

For students:

Be at the bus stop at least 5 minutes before the bus is scheduled to arrive.

--When the bus approaches, stand at least six feet away from the edge of the road, and line up away from the street.

--Wait until the bus stops, the door opens, and the driver says that it is okay before stepping on the bus.

--When crossing the street in front of the bus, walk on the sidewalk or side of the road to a point at least 10 feet ahead of the bus before you cross. Be sure the bus driver can see you, and you can see the driver.

--When exiting the bus, be careful that clothing with drawstrings and book bags with straps do not get caught in the handrail or door.

--Never walk behind the bus.

--If you drop something near or under the bus, tell the bus driver. Never try to pick it up. The driver may not see you and begin to drive away causing you to get run over.

For motorists:

--When driving in neighborhoods with school zones, watch for children traveling to school. They are unpredictable in their actions, and it is your responsibility to anticipate and prepare to react to what they do.

--Drive slowly. Watch for children walking in the street, especially

if there are no sidewalks in the neighborhood.

--Be alert. Children arriving late for the bus may dart into the street without looking for traffic.

--Learn and obey the school bus laws in the state.

--Learn the flashing light system that school bus drivers use to alert motorists about stopping:

--Yellow flashing lights mean the bus is preparing to stop and load or unload children. Motorists need to slow down and prepare to stop.

--Red flashing lights and extended stop arm mean the bus has stopped and children are boarding or exiting the bus. Motorists must come to a complete stop a safe distance from the bus and wait until the red lights stop flashing, the arm is retracted, and the bus begins moving before you start driving again.

Parents should remember to:

--Prepare a route to the bus stop. This will help children learn the safest and most efficient way to reach the bus stop without getting lost and avoid the possibility to arriving late.

--Review proper behavior when riding on a school bus. Encourage your children to sit quietly in their seat and follow the bus driver's instructions.

--Remind your children that riding the bus is fun, but it must be done safely.

Information and resources for schools throughout the district can be found at <http://www.sfdr-cisd.org/> or <http://www.laughlin.af.mil/Schools/Schools.htm>. Also on the website are lists of events, meetings and contact information.

47th MDG moves

The 47th Medical Group will have limited clinic hours Aug. 18 and 19 to facilitate the move into the newly remodeled clinical areas.

The clinic will be open from 7 to 10 a.m. and will be closed for the remainder of the day.

The Flight Medicine Clinic will be open for “Return to Fly Status” and “Sick Calls” from 7 to 10 a.m., and will hold a “Return to Fly Clinic” at Anderson Hall, Classroom B from 12:30 to 1:30 p.m.

The Family Practice and Pediatric Clinics will be open from 7 to 10 a.m. for acute appointments and will be closed for the remainder of the day.

4X11

Interested
in the Air
Force?



Call Del Rio's
Air Force recruiter
at
774-0911.

1X3



Capt. Blaine Baker
C-17
Charleston AFB, S.C.



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Capt. Joshua Hiam
KC-135
McConnell AFB, Kan.



Capt. Brendan Voitk
KC-135
Fairchild AFB, Wash.



1st Lt. Raymond Bevivino
C-130
Dyess AFB



1st Lt. Troy Cooper
KC-135
Grand Forks AFB, N.D.



2nd Lt. Todd Arthur
T-1
Laughlin AFB



2nd Lt. Mathew Burrows
F-15C
Tyndall AFB, Fla.



2nd Lt. Donald Camp
E-8C (ANG)
Robins AFB, Ga.



2nd Lt. Ronald Cassano
C-17
McGuire AFB, N.J.



2nd Lt. Cheyne DeWolfe
T-6
Laughlin AFB



2nd Lt. Derrick Erickson
F-16
Luke AFB, Ariz.



2nd Lt. Will Estes
KC-135 (ANG)
Hickam AFB, Hawaii



2nd Lt. Daniel Johnston
RC-26 (ANG)
Houston ANGB.



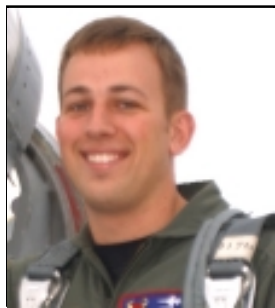
2nd Lt. Brandon July
T-6
Laughlin AFB



2nd Lt. Justin Keating
C-17
McChord AFB, Wash.



2nd Lt. Gentry Kramer
T-6
Laughlin AFB



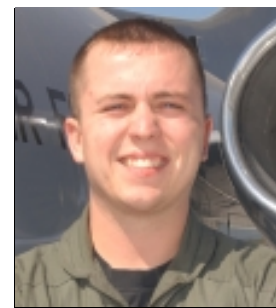
2nd Lt. Lucas Layman
A-10
Davis-Monthan AFB, Ariz.



2nd Lt. Susanne Lonsberry
KC-10
McGuire AFB, N.J.



2nd Lt. Matthew MacFarlane
C-130
Little Rock AFB, Ark.



2nd Lt. Matthew Pinkerton
C-17
Charleston AFB S.C.



2nd Lt. Aaron Urbanovsky
T-1
Laughlin AFB



2nd Lt. Jonathan Wright
A-10
Davis-Monthan AFB, Ariz.

2X7.5

DOD launches deployment health, family readiness library

LOUISVILLE, Ky.--Servicemembers, their families and their health-care providers have a new online Defense Department resource for deployment health issues.

The DOD's Deployment Health Risk Communication Working Group and the Joint Task Force for Family Readiness Education on Deployments have joined together to create the Deployment Health and Family Readiness Library.

Ellen Embrey, deputy assistant secretary of defense for force health protection and readiness, announced the new online library Tuesday.

It is intended to provide servicemembers, families and health-care providers a quick and easy way to find information about deployment health and family readiness.

"Information is a powerful tool. We must remain proactive in providing deployment-related health information to better safeguard our servicemembers," she said. "Most people fear the unknown. Through accurate, timely information we are able to ensure that our servicemembers are better equipped to prepare for, cope with, and recover from the myriad health risks faced during deployments."

The online library includes fact sheets, guides and other products on a wide variety of health topics. The topic

listing was based on feedback from servicemembers, their families and health-care providers, Ms. Embrey said. Information will be added to the site as new topics and areas of concern emerge, she added.

In focus-group meetings, servicemembers and their families have said their need for information varies before, during and after deployments, Ms. Embrey said. Leaders, in particular, look for accurate information before the deployment. While servicemembers are deployed, their families are especially interested in getting deployment health-related information, and following deployments, both servicemembers and families look for this information, she said.

Many information sources are available online, but Ms. Embrey said that too often it is difficult to tell if the information source is accurate.

"We are absolutely committed to providing the best information found in sound science and based on medical evidence," Ms. Embrey said. "We want this site to be the authoritative source for deployment health and family readiness information. This is another step we are taking to ensure that those who protect our country and our freedoms are also protected."

(Courtesy Air Force Print News)

3X3

2X3

Recycle this newspaper

‘Freedom Walk’ to commemorate 9/11, celebrate freedom

By Steven Donald Smith
*American Forces
Press Service*

WASHINGTON -- Defense Department officials announced Tuesday the first “America Supports You” Freedom Walk to honor the victims of Sept. 11, 2001, and America’s servicemembers, as well as to celebrate freedom.

The Freedom Walk will begin at 10 a.m. Sept. 11 in the Pentagon south parking lot, near the site where the airliner crashed into the Pentagon. The walk route will consist of a

two-mile trek through Arlington National Cemetery, over the Potomac River, and will end by the reflecting pool on the National Mall where a free concert featuring country music star Clint Black will take place.

“I am proud and honored to be part of the America Supports You Freedom Walk to honor the victims of 9/11 and to support our men and women in uniform,” Mr. Black said.

“Every year since the Sept. 11 attacks, Americans have commemorated that anniversary,” said Defense Secretary Donald H. Rumsfeld.

“This year the Department of Defense will initiate an ‘America Supports You’ Freedom Walk. The walk will begin at the Pentagon and end at the National Mall. It will include many of the major monuments in Washington, D.C., reminding participants of the sacrifices of this generation and of each previous generation that have so successfully defended our freedoms.”

“America Supports You” is a nationwide program launched by the Defense Department with the goal of highlighting how Americans across the country are supporting the men and women of the armed forces.

The Pentagon Memorial Fund is organizing a private ceremony for the families of the 9/11 victims before the walk.

To avoid long lines, America Supports You Freedom Walk participants are encouraged to arrive at the Pen-

tagon south parking lot between 7 and 8 a.m. According to the Freedom Walk Web site, the first 1,000 people to arrive will receive an official America Supports You campaign lapel pin.

Participants are encouraged to take the Metro to either the Pentagon or Pentagon City stations and follow the signs to the Freedom Walk staging area.

The goal for next year’s walk is to get each state to host its own Freedom Walk to provide an opportunity for as many citizens as possible to reflect on the importance of freedom, according to a Department of Defense press release.

Those wishing to walk in this year’s Freedom Walk can register online by visiting www.AmericaSupportsYou.mil and clicking on the Freedom Walk icon. Volunteer opportunities are also available online. Registration is open until 10 a.m. Sept. 9.

2X2
Veranda

2X5
Upstagers

2X5
Military Media



Don't Drink and Drive.

For a safe way to get home, call Base Airmen Against Drunk Driving at 298-8234 between 10 p.m. and 3 a.m. Fridays and Saturdays. B.A.A.D.D. is a program designed to help save all Laughlin members from DUI/ DWI and from making a career-ending or deadly mistake.

The program is not just for servicemembers; It is for everyone.

To volunteer, or for details, call 298-6433.

1X2
Animal
House



Tech. Sgt. Troy Jarvis
47th Services Division,
Individual Mobilization Augmentee

Hometown: My hometown is Alexandria, La., but I grew up in Dallas
Family: Wife, Brenda (of 10 years), Children--Breanna, Brennen, Troy Jr., Jonathan, Nicole and Charles
Time at Laughlin: 20 months
Time in service: 19 years military, 7 months civil service
Greatest accomplishments: Establishing and pastoring my first church in Greenville, S.C. in 2001 and marrying my

wife, Brenda
Hobbies: Reading, mechanics (any kind) and traveling
Bad habit: Drinking too much coffee which leads to not getting enough rest
Favorite movie: "Boomerang" with Eddie Murphy--things seem to come back around
If you could spend one hour with any person, who would it be and why? This question is difficult to answer with only one person because there have been many who have influenced me in my lifetime. Naturally, my father

because I never had the opportunity to get to know him. But if I could add one other person, Jesus Christ, because He could answer the questions my father could not.

"Since Tech. Sgt. Jarvis Troy arrived, he has quickly adapted to the ever-changing Services operations tempo; he's a great asset to us and an extremely dedicated and diligent worker. He is a true example of total force!"

--1st Lt. Ademola Elliotte, combat support flight chief
47th Services Division



Photo by Airman 1st Class Olufemi A. Owolabi

Safety officials offer advice to manage vehicle risks

By Staff Sgt. Allen Puckett
30th Space Wing public affairs

VANDENBERG AIR FORCE BASE, Calif. -- Vehicle rollovers comprised 3 percent of nearly 11 million reported traffic accidents in 2002 yet accounted for 33 percent of highway fatalities that year, according to the National Highway Transportation Safety Administration.

The danger of rollover accidents is well known here. Since January 2004, the 30th Space Wing's safety office has investigated seven vehicle rollovers involving its people.

"Fortunately, none resulted in fatalities," said Donnell Brown of the safety office here.

The base is situated within the hilly countryside of central California. Being near the ocean with steep embankments and without guardrails makes motorists especially susceptible to accidents, safety officials said.

"Students, permanent party Airmen, a reservist and a civilian contractor have all been involved in vehicle rollovers in the past 15 months, proving rollovers don't discriminate,"

said Master Sgt. Marie George of the safety office.

Understanding what rollovers are and how to avoid them reduces the risk of becoming a statistic. Rollover accidents involve driver, road, vehicle and environmental factors, Mr. Brown said.

"Poor driver judgment, including distraction, inattentiveness, speeding and impairment can lead to fatal consequences," Sergeant George said. "Speed, inattentiveness and weather contributed to the rollover accidents involving members here."

Talking on a cell phone, eating or tending to children in the back seat take a driver's full attention away from the road, decreases response time and increases the likelihood of losing control of a vehicle, she said.

Statistics show the odds of surviving an accident improve significantly with seat belt use.

The transportation safety administration reported 10,000 people died in rollover crashes in 2002. Seventy-two percent were not wearing seat belts. All people here involved in rollover accidents since January 2004 wore seatbelts and survived.

As speed increases, so do fatalities. Forty percent of fatal rollover accidents reported to the transportation safety administration in 2002 involved excessive speed, and 75 percent of those incidents occurred where the posted speed limit was 55 mph or greater.

Using controlled substances wisely and not driving while impaired also helps prevent accidents. Many prescription drugs warn against operating heavy machinery or driving while medicated. Safety administration officials advise any blood alcohol concentration level above 0.00 negatively affects judgment, coordination and vision.

Almost 85 percent of fatal rollover crashes are single-vehicle accidents. All seven rollovers reported to the safety office here in the past 15 months involved one vehicle.

Vehicle types also factor into risk of rollover incidents. Tall, narrow sport utility vehicles, vans and pickup trucks with a high center of gravity are more likely to be involved in a rollover accident, according to safety administration data.

Most vehicles involved in a

rollover accident run off the road, slide sideways and are tripped when tires sink into soft soil or run up a curb or guardrail. The safety administration has developed an evaluation system to determine the likelihood of a particular vehicle's susceptibility to roll in a one-vehicle accident. Each score is reflected as a percentage and a one- to five-star rating. Vehicles given one star have a rollover risk greater than 40 percent; five-star vehicles have a rollover risk less than 10 percent.

The NHTSA Web site also advises excellent ratings may not guarantee vehicle stability in severe weather. Driving speed should be adjusted accordingly for rain, hail, ice and fog.

Additionally, well-maintained tires rated for multiple driving conditions increase traction and vehicle control while channeling water away from the tread. Tires with less than 1/16-inch of tread remaining, as measured by a tire-tread depth gauge, should be replaced, safety officials said.

(Courtesy of Air Force Space Command News Service)

Laughlin welcomes new medical commanders

Compiled from staff reports

Team XL welcomed Lt. Col. Roy Dileo as the 47th Aeromedical-Dental Squadron commander at a change of command ceremony here Wednesday. He succeeds Col. Timothy Sowin.

Hometown: Medford, Mass.

Time in service: 18 years (including 4 years of medical school)

Date arrived at Laughlin: August 4, 2005

Education: 1987 – Bachelor of Science in Biology, Tufts University, Medford, Mass. 1991 – Doctor of Medicine, Uniformed Services University of the Health Sciences, Bethesda, Md. 1992 – Internal Medicine Internship, Wilford Hall U.S. Air Force Medical Center, San Antonio 1998 – Emergency Medicine Residency, Wilford Hall U.S. Air Force Medical Center, San Antonio 2004 – Air War College, Correspondence

Previous assignments:

- n May 1987-May 1991, medical student, Uniformed Services University of the Health Sciences, Bethesda, Md.
- n July 1991-July 1992, internal medicine intern, Wilford Hall USAF Medical Center, San Antonio
- n July 1992 – June 1995, general medical officer, Ellsworth Air Force Base, S.D.
- n July 1995-July 1998, emergency medicine resident, Wilford Hall U.S. Air Force Medical Center, San Antonio.
- n July 1998-March 2002, emergency medicine phy-

sician, 959th Surgical Operations Squadron, Wilford Hall U.S. Air Force Medical Center, San Antonio.

n September 2001-March 2002, emergency services physician, 355th Expeditionary Medical Group, Masirah Island Air Base, Oman.

n March 2002-July 2002, emergency department flight commander, 959th Surgical Operations Squadron, Wilford Hall U.S. Air Force Medical Center, San Antonio.

n August 2002-August 2003, emergency services flight commander, 51st Medical Operations Squadron, Osan Air Base, Republic of Korea.

n September 2003 – present, emergency services medical director, 375th Medical Operations Squadron, Scott Air Force Base, Ill.

Greatest feat: Saving a seriously poisoned patient during residency

Leadership philosophy: “Lead from the front and take care of your people.”

Personal heros: John F. Kennedy and Winston Churchill

Favorite quote: “Never in the field of human conflict has so much been owed by so few”

Favorite movie: “Oh Brother where Art thou?”

Hobbies: Target shooting and motorcycle riding (not at the same time)

What or who has inspired you most in life and why?: My father. He worked 2-3 jobs most of his life to support our family. He never complained. He showed me the worth of hard work and giving your fullest to everything.

Lt. Col. Roy Dileo



Team XL welcomed Lt. Col. Kevin Pilloud as the 47th Medical Support Squadron commander at a change of command ceremony here Aug.3.

He succeeds Lt. Col. Susan Baker

Hometown: Colorado Springs, Colo.

Time in service: 20 years... 3 enlisted and 17 as a Medical Service Corps officer

Time arrived at Laughlin: July 31

Education: Masters in Healthcare Administration

Previous assignments:

- n Commander, 65th Medical Support Squadron, Lajes Field, Azores, Portugal.
- n Chief of procurement, Air Force Medical Logistics Office, Office of the Surgeon General, Ft Detrick, Md.
- n Chief of the Medical Emergency Supply Operations Center, Defense Supply Center, Philadelphia, Penn.
- n Commander, Tricare and Medical Resource Management Flight, Shaw Air Force Base, S.C.
- n Commander, Medical Logistics Flight, Ramstein Air Base, Germany.

Lt. Col. Kevin Pilloud



n Commander, Medical Logistics Flight, Zweibrucken AB, Germany.

Greatest feat: ...is yet to come.

Leadership philosophy: Leaders must have the heart of a servant. “The least among you shall be the greatest.”

Personal heros: Those who stay at home while their loved one is serving in harms way. When you deploy, you don’t expect to see your spouse or family at the DFAC or walking around the tent city. They are the ones with the empty chair at dinner.

Favorite quote: “Are you going to do it or discuss it?” Not sure where I heard it first.

Favorite movie: “Star Wars.” I like the struggle between good and evil.

Hobbies: Sporting clays

Bad habit: Golf

What or who has inspired you most in life and why?: God has inspired me throughout my life with all sorts of great people. My dad, brother, Mr. Pike– my 9th grade football coach, Mr. Gill– my Sunday school teacher, Rebecca– my wife and Mara– my daughter

National Kids Day comes to Laughlin

Compiled from staff reports

More than a hundred Laughlin members joined the base Youth Center in celebrating National Kids Day Sunday at the Fiesta Center.

Parents looked on as their children played games, participated in crafts, ate hamburgers, giggled and enjoyed the open-house event.

"National Kids Day gave parents an opportunity to spend quality time with their children and shows how much kids are a blessing in their parents' lives," said April Shobe, Youth Center programs director and organizer of the event.

Ms. Shobe added that the best part was hearing people say they had fun and were glad to attend such an event.

Local games included electronic basketball, indoor putting, shuffle-board bowling, jumping in an inflated castle and more.

Children also used their imaginations to create Mr. Potato Head characters, and they could register to win door prizes throughout the afternoon.

National Kids Day is an event sponsored by boys and girls clubs all over the nation.



Photos by Master Sgt. Anthony Hill

(Top left) Dave Leighton, 47th Services Division, serves Macy Davis a hamburger fresh from the grill on the Fiesta Center patio during National Kids Day.

(Left) Tech. Sgt. LaVelle Jenkins, base education and training flight, shows his son Donovan how to make a winning putt.

(Above) Joseph Guerra, nephew of Elizabeth Herrera of the Child Development Center, works feverishly at the Mr. Potato Head station.

Historic tower at Launch Complex 13 toppled

By Ken Warren
45th Space Wing
public affairs

CAPE CANAVERAL AFS, Fla. -- What took years to build took seconds to knock down Saturday when 171 pounds of strategically placed explosives were detonated, toppling the historic 179-foot mobile service tower at Launch Complex 13 here.

The 1,300-ton structure was used to launch Atlas/Agena space launch vehicles in the 1960s and 1970s. The most famous of those launches were five Lunar Orbiter missions for NASA in 1966 and 1967. Those missions photo-

graphed about 99 percent of the moon's surface and helped pave the way to men landing on the moon in 1969.

There were 51 launches of Atlas and Atlas/Agena vehicles from Complex 13 from 1958 to 1978. The last launch from Complex 13 occurred April 6, 1978, and the pad was abandoned.

Salt air and the elements whittled away at the complex and tower. Pieces of the rusty structure, along with toxic paint chips, fell to the ground, creating safety and environmental hazards.

"The demolition of this tower demonstrates our commitment to safety and a

healthy environment," said Teresa Fiorillo, 45th Civil Engineer Squadron project officer. "Yet, it's kind of sad to see this historic structure go."

Col. Mark Owen, 45th Space Wing commander, echoed her sentiment.

"This is where we developed the Atlas intercontinental ballistic missile. This is where we sent the launches that NASA used to help map the moon. It is key to our history. So it is kind of like seeing an old soldier go. It is sad," he said.

Dick Ruffe, of Titusville, is another old soldier and retired Atlas systems engineer. He helped build Complex 13,

was involved with many of the flights from there and witnessed the demolition.

"We accomplished a lot at Complex 13," he said. "Hard to imagine it -- but it's all gone in a puff of smoke. It came down a lot faster than it went up."

The fallen tower will be

cut up and transported to the Cape Canaveral AFS landfill where it will be buried in a special cell. Once the launch site is cleaned up in six to eight months, it will be available for industrial re-use.

(Courtesy Air Force Space Command News Service)



Workers from Jacobs Engineering examine the historic 179-foot mobile service tower at Launch Complex 13 after it was toppled by explosives at Cape Canaveral AFS, Fla. Saturday.

Air Force
Space
Command...
Guardians
of the High
Frontier

For Air Force Space
Command news, log onto
[http://www.peterson.
af.mil/hqafspc/](http://www.peterson.af.mil/hqafspc/).

2X5

2X4

2X4



Photo by 1st Lt. Sheila Johnston

Lucy, a Belgian Malinois, and Dez, a German Shepherd mix, wait for their next command.

2X5

Officials reinforce pet policies

Compiled from staff reports

Whether it’s cute and cuddly or strong and athletic, chances are pets live with or near many base housing residents. And while most pet owners probably already know a thing or two about living with pets, base officials remind them there are rules for living with your pets in base housing.

Let’s start with the basics.

Each household may have a maximum of three pets (excluding fish, caged birds, turtles, hamsters and gerbils). All dogs and cats must have current vaccinations and be registered with security forces through the base veterinary clinic. Those who’ve already vaccinated their pets at an off-base clinic simply need to provide proof of vaccination when registering animals on base.

In case the unthinkable happens and a pet gets out of the owner’s yard, it’s important the pet have proper identification. The tag from the base veterinary clinic will help officials contact owners to return pets; however, it is a good idea to put an emergency

phone number on a pet’s collar to ensure someone can be reached.

Pets should always be on a leash, in a fenced yard or under voice control when outside the home. This includes cats! Owners shouldn’t chain pets to government property such as carports, trees, fire hydrants or air-conditioning units. Owners will be responsible for damages caused by tying animals up in this manner.

Owners should clean up after pets, especially in public areas. When walking a pet, owners should consider carrying a plastic bag to pick up droppings as necessary. At home, owners should scoop droppings daily to avoid vermin infestations.

Pets can get excited easily and become a neighborhood nuisance. Pet owners should take care to avoid becoming a neighborhood nuisance—bring dogs inside if they are prone to excessive barking.

Not for beginners.

Farm, ranch and wild animals are prohibited on Laughlin along with breeding or raising animals in base housing for shows or commer-

cial purposes unless approved by the wing commander.

Cruelty or abuse to animals will not be tolerated on Laughlin Air Force Base. This is a Class “A” misdemeanor under the Texas Penal Code, Section 42.11 and should be reported to security forces, 298-5100, or base housing, 298-5003 or 298-4198, by residents witnessing these acts or incidents.

Animals are just as susceptible to heat exhaustion as humans and should be provided adequate food, water and shelter from the Del Rio heat and rain.

Additionally, stray or loose animals can be reported to the civil engineer help desk at 298-4358 or 298-5488. All strays and loose pets whose owners cannot be contacted within a reasonable amount of time will be collected and taken to a Del Rio veterinarian at the owner’s expense. Pets not claimed within three days will be adopted out or euthanized. This emphasizes the previous note about properly identifying animals.

For additional information, refer to the base housing brochure or call the housing office at 298-5003 or 298-4198.

Rescue me...



Photos by Master Sgt. Val Gempis

KADENA AIR BASE, Japan -- Airmen from the 18th Aeromedical Squadron sit inside a life raft before being “rescued” by a Navy HH-60G Pave Hawk helicopter from the USS Kitty Hawk aircraft carrier during water mass-casualty training. The Airmen were part of a “crashed” aircrew in the ocean. Air Force and Navy helicopters participated in the training.

Four XLers to represent AETC in Air Force Marathon relay

By **Airman 1st Class Olufemi A. Owolabi**
Editor

Four Laughlin members were selected to represent Air Education and Training Command in the Air Force Marathon scheduled for Sept. 17 at Wright-Patterson Air Force Base, Ohio.

These XLers are: Maj. Robert Rice, 47th Flying Training Wing flight safety chief; Maj. Rex Calvert, and 1st Lts. Daniel Arneson and Charles Eichner, of the 86th Flying Training Squadron.

"In the Air Force Marathon, we'll be competing in the relay part of the 26-mile marathon which is broken into four different sections," Major Rice said. "We will be running four segments of the 26 miles, probably around 6 miles each."

As a result of their selection for the marathon, Major Calvert said the team has started a routine of rigorous training in order to adequately prepare themselves.

"We all try to train together as best as we can. We meet together on weekends to do a long run, usually around 10 miles. We also meet on Wednesday mornings to do

more speed work," he said.

According to Major Rice, they registered for the Air Force Marathon after seeing the advertisement at the base gym. "We made further inquiry of the (gym) staff and found out there are various competitions for people to enter," he said. "We also found out that AETC was going to actually pay for a team to go out there. So we decided to submit our names to AETC by filling out applications to see if they would choose us."

At first, the four were selected only to represent Laughlin. After narrowing down the applications and obtaining coordination and approval of their names, AETC chose them to represent the command.

These Airmen have many experiences related to racing and marathons.

They said they are all in top shape, and some of the team members ran track in college. Lieutenant Arneson, for example, ran cross country when he was at the University of North Dakota.

"I actually ran in the inaugural Air Force Marathon in 1996 when I was stationed at Charleston AFB, S.C.," Major Rice explained. "I have run



Courtesy photo

WRIGHT-PATTERSON AIR FORCE BASE, Ohio -- More than 3,800 runners competed in the 8th annual official Air Force Marathon September 18, 2004. The race included a wheelchair marathon, relay and 5k event. This year four Laughlin members were selected to represent Air Education and Training Command in the Sept. 17 Marathon.

(competitively) in four different marathons (to date)."

Major Calvert has also competed in two different marathons.

With 228 teams competing last year, the AETC marathon team finished the relay race with a time of 2:43:50.

The goal of this year's team is to beat the old AETC time, to perform in a professional manner and represent Laughlin well. "Laughlin

should expect us to do just that," said Lieutenant Eichner. "I'm ecstatic to represent AETC. It's an honor, and I hope to uphold Laughlin's excellence."

The team stresses that choosing the marathon-relay team from here is very significant to Laughlin's emphasis on fitness. Laughlin has the right priorities, and it shows that we have internalized the intent behind the Air Force emphasis on

fitness, said Lieutenant Eichner.

Furthermore, Maj. Calvert said the race is much more important than they initially thought, and currently, they are increasing the intensity of their training.

"The run (relay) is really important not because we're representing AETC, but we're also representing Laughlin, and this year, we're going to run the best race we can," he said.



What's up Doc?

By **Col. Laura Torres-Reyes**
47th Medical Group commander

Question: A friend told me I shouldn't use sunscreen that contains DEET because it's harmful. She recommended a "natural" product she says works better and is safer for my kids. Is there a problem with using DEET?

Answer: No. When used as directed, products containing N-diethyl-metoluamide (DEET) offer the most reliable, effective repellent activity for the widest variety of

biting insects. According to the Centers for Disease Control, there haven't been any studies that suggest DEET is unsafe for children, and no serious health effects have been reported when DEET is used according to the manufacturer's recommendation.

As a general rule, products containing DEET as high as 30 percent are only recommended for user's twelve years and older. For individuals younger than 12 years, the recommended DEET concentration is 10 percent or less, applied a maximum of three times daily.

For children under 2 years old, you should not use a concentration more than 10 percent applied only once daily. DEET products are not recommended for children younger than 6 months old. As a precaution, don't allow children to handle or personally apply products containing DEET, and avoid applying the chemical to their hands in case they should stick their hands in their mouths.

You should never apply repellent to skin under

clothing as it may increase the absorption of the chemical into the skin. After returning indoors, you should wash the treated skin with soap and water, especially when using repellents on consecutive days.

Avoid repeated applications of repellents containing more than 50-percent DEET. The good news is that breathable, light-weight fabrics make it practical to use prevention measures of wearing long-sleeved shirts, long pants, and hats to minimize exposed areas of skin to biting insects.

Covering exposed skin also serves as protection from the sun, and sunscreen can be used with DEET-based repellents without decreasing the repellent activity.

Thanks for your question!

You may contact Colonel Torres-Reyes at laura.torres-reyes@laughlin.af.mil if you have a What's Up Doc? question.